

## CURRICULUM VITAE

**Name:** Dr. Farid El-Nokrashy Najeeb.

**Nationality:** Egyptian

**Position:**

-Faculty member- Lecturer / Department of Theatre - Acting and Directing / Faculty of Arts, Helwan University.

-Lecturer / Faculty of Filmmaking and Performing Arts/ Badr University.

-Actor and Training coach (cinema, television, theatre, microphone)

**Qualifications:**

**2007:** Master's degree in Arts - Acting and Directing - on the topic " The Impact of Stanislavsky , Meyerhold And Jack Copeau On Grotowsky's Actor ".

**2012:** PhD in Arts - Acting and Directing - on the topic " The Actor's Physical Expression In Modernist Courses Of Play Direction ".

**Previous experience:**

**\*Specialized teaching of subjects related to the art of acting and directing in the department of acting and directing in the Faculty of Arts, Helwan University, as well in the private universities from 2002 until now.**

**\*Working for years in delivering spiritual sermons and human development lessons.**

**\*Work in the field of acting for the camera (in cinema and television) as an acting coach and Casting director.**

**\*Work as an actor in TV series, cinema films, theatrical performances, radio, films, series and dubbed programs (some of which won awards in international festivals).**

**\*Carrying out many training courses and workshops - for Egyptians, Arabs and Africans - in the fields of acting and directing; including: courses for professional and amateur actors, and many male and female stars, as well as therapeutic acting courses for those recovering from addiction, courses for children of different ages, and courses in international festivals such as Sharm El-Sheikh International Festival for Youth Theatre.**

**\*Writing and publishing a book on acting under the title (The Sacred Body - Reflections on the Body of the Modernist Actor), which is currently in the libraries of the General Egyptian Book Organization in the Arab Republic of Egypt, As well as a book in spiritual literature entitled "Spiritual Depths with the Eagle of the Wilderness: A Biography from Spiritual Literature "**

**\*Member of the jury in many theatrical festivals, and a member of the evaluation committee for many Arab theatrical competitions, such as the "Contemporary Arabic Text" project among ten experts at the level of the Arab world in participation with experts from the European Union, which was held in (Marseille - France) in the year 2011/2012 for selecting the best Arabic texts during the last two decades.**

**\*Managing a private studio for film actor training, in addition to many training studios in the same field of specialization.**

**\*One of the trainers selected by the Egyptian Syndicate of Artists to evaluate the non-union artists in order to give them permits to practice the activity within the Arab Republic of Egypt.**

**E-mail : [faridelnokrashy77@gmail.com](mailto:faridelnokrashy77@gmail.com)**